



Club Sport
it's a life thing...

SEPTEMBER 2011

MONTHLY HAPPENINGS

sunday	monday	tuesday	wednesday	thursday	friday	saturday
<p>Programs highlighted in <i>blue / green</i> are FREE!</p>				1	2 Family First Friday 4:30pm-9pm	3 Farmers Market 8am-2pm Parent Escape 5:30pm-9:30pm
4 Adult Only Swim 9am-12pm	5 CLUB HOURS 7AM-6PM KIDS WORLD HOURS 7:45AM-2PM Modified Group Fitness Schedule <i>See studio door for details</i>	6 \$1 TACO TUESDAYS 4:30pm-9pm Ballroom Dancing Waltz: Dance for Your Health 7:30pm-8:30pm	7	8 Warrior's Way Clinic 6pm-10pm Surfboard Basics 6pm-8pm Wellness Seminar: RACE PREPARATION 6PM-7:30PM	9 The Kindest Cut by appointment only Girls Night Out at the Pro Shop 5pm-7pm	10 Farmers Market 8am-2pm The Kindest Cut by appointment only Timbers Viewing Party Starting at 4pm
11 The Kindest Cut by appointment only Adult Only Swim 9am-12pm	12 FALL GROUP SWIM LESSONS & CLUBSWIM BEGIN	13 \$1 TACO TUESDAYS 4:30pm-9pm Boulderdash 7pm-9pm Ballroom Dancing Waltz: Dance for Your Health 7:30pm-8:30pm	14 Parenting with Infant Seminar Starting at 6:30pm Beyond the Sweat 11:30am-12:30pm	15 THIRD THURSDAY 6:30PM-8:30PM <i>Live Music by: Toque Libre</i>	16 3rd Annual CLUBSPORT GOLF TOURNAMENT Teen Night: Luau Party! 6pm-9pm	17 Farmers Market 8am-2pm Parent Escape BACK TO SCHOOL PARTY 5:30pm-9:30pm
18 Adult Only Swim 9am-12pm	19	20 Infant Massage Class 10am-11:30am \$1 TACO TUESDAYS 4:30pm-9pm Ballroom Dancing Waltz: Dance for Your Health 7:30pm-8:30pm	21	22	23 Fall Trunk Show 9am-1pm	24 Farmers Market 8am-2pm Fall Trunk Show 9am-1pm
25 Adult Only Swim 9am-12pm Roller Release Workshop 12:30pm-2pm Family Fit Ultimate Recess 1pm-2pm	26 Parenting Seminar: Leave me alone! But first could you drive me to the mall? Starting at 6:30pm	27 Infant Massage Class 10am-11:30am \$1 TACO TUESDAYS 4:30pm-9pm Ballroom Dancing Waltz: Dance for Your Health 7:30pm-8:30pm	28 5 Keys to Optimal Health & Successful Weight Loss 6pm-7pm	29 Seminar: Legal Issues for the Entrepreneur Starting at 6:30pm	30 School's Out Climbing Camps 9am-12pm	OUTDOOR POOL CLOSED UNTIL SUMMER 2012

FALL TRUNK SHOW

FRIDAY & SATURDAY, SEPTEMBER 23 & 24
9AM-1PM

3rd Annual CLUBSPORT GOLF TOURNAMENT

FRIDAY, SEPTEMBER 16

Submit forms and payment to the Activities Desk or for more information please contact Lisa Greenough at 503.968.4513

PROGRAM HIGHLIGHTS

//SEPTEMBER 2011

ADULT PROGRAMING

BALLROOM DANCING WALTZ
STARTING SEPTEMBER 6, 7:30PM-8:30PM

GIRLS NIGHT OUT: AT THE PRO SHOP
SEPTEMBER 9, 5PM-7PM

PARENTING WITH INTENT SEMINAR
SEPTEMBER 14, STARTING AT 6:30PM

ROLLER RELEASE WORKSHOP
SEPTEMBER 25, 12:30PM-2PM

FAMILY EVENTS

FAMILY FIRST FRIDAYS
SEPTEMBER 2, 4:30PM-9PM

\$1 TACO TUESDAYS
TUESDAYS, 4:30PM-PM

INFANT MASSAGE
STARTING SEPTEMBER 20, 9AM-10:30AM

FAMILY CLIMB TIME
SUNDAYS, 1PM-2PM